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BLS, ACLS & PALS



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ACLS Pre-Course Instructions (Required!)

This document provides instructions for how to prepare for your ACLS course, and how to access the REQUIRED PRE-COURSE TEST THAT MUST BE COMPLETED PRIOR TO CLASS.

Address for Class:

CPR Nashville
600 Old Hickory Blvd.
Suite 100 B
Nashville, TN 37209

Arrive on Time:

Please plan to arrive on time because it will be difficult for late students to catch up once we start. Students are expected to attend and participate in the entire course. If you arrive later than 20 minutes after class start time you will be asked to reschedule.

How to Prepare:

- Review and understand the information in your ACLS Provider Manual. Please review all of the sections throughout the manual.
- Pay particular attention to the following sections below listed in the table of contents:
 - Systematic Approach: BLS Assessment, Primary and Secondary Assessments
 - Acute Coronary Syndromes
 - Acute Stroke
 - Bradycardia
 - Tachycardia: Stable and Unstable
 - Respiratory Arrest
 - Cardiac Arrest: VF/pVT
 - Cardiac Arrest: PEA and Asystole
 - Post-Cardiac Arrest Care
- Throughout the ACLS provider manual there are **treatment algorithms**. There is **one for each specific condition/emergency**. Become familiar with **all** the treatment algorithms throughout the ACLS Provider Manual.
- You will be expected to recognize cardiac rhythms and understand ACLS pharmacology. These topics are not taught in this course.

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You Must:

1. **Complete and Print** your required Pre-course Self-Assessment.
2. Score a **70% or higher** on your Pre-course Self-Assessment in order to attend class.

How to Create an Account with the AHA, Access, and Complete Your Required Pre-course Self-Assessment

Step #1

Create an eLearning account with the AHA. Go to <https://elearning.heart.org>

If you already have an AHA account then login. If you **DO NOT** have an AHA account, click on the top right where it says, "Sign up". Then "Create and Account" as a New User, and Sign In.

***SAVE YOUR ACCOUNT LOGIN INFORMATION!**

The screenshot shows the top navigation bar of the eLearning website. On the left is the American Heart Association logo. In the center, there are navigation links for "Courses", "About eLearning", and "Support". On the right, there is a "Sign In | Sign Up" link and a search bar. Below the navigation bar is a yellow notice banner: "Notice: Customer Support Closure - In observance of the upcoming holiday please note the customer support hours on the following day(s): Closed January 1. Normal business hours (8:00 a.m. - 6:00 p.m., Central) will resume Monday January 4th". The main content area features a large banner with a woman looking at a laptop. On the left side of the banner, there is a "Find a Course" section with a "FILTER LISTING ALL COURSES" dropdown and a "SEARCH" button. On the right side, there is an "Activate a Course Key" section with the text "Do you have a new course key? Start here to activate your key and begin your course." and an "ACTIVATE A COURSE KEY" button.

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Step #2

After you have logged in, this is what should appear on the screen. This will bring up all the courses offered in eLearning. Scroll Down and locate the course that says **“ACLS Pre-course Assessment”** and hit **LAUNCH THIS COURSE**. (*NOTE: **Do Not** select **“ACLS Pre-Course Assessment and Pre-course Work”**)

IMPORTANT! If you are being prompted to watch videos you are in the WRONG pre-course assessment course.

(Course code is KJ-1480)

The screenshot displays the American Heart Association eLearning Course Catalog. The page features a navigation bar with 'Courses', 'About eLearning', 'Support', and 'Get Involved'. A search bar and user profile 'Sarah Sexson' are in the top right. The main content area is titled 'Course Catalog' and includes an 'Apply Filter' section on the left with various course categories and their selection status. The main content area lists three courses:

- Basic Life Support (BLS)**
 - HeartCode® BLS (2015 Guidelines)**: Price: \$28.50. Description: The eLearning component of BLS blended learning, this course uses a variety of eLearning assets such as dramatizations, eSimulations, animations, self-directed learning, and interactive activities to teach students BLS knowledge and skills. **PURCHASE**
 - Heartcode BLS Online**: Price: \$31.00. Description: HeartCode® BLS Online is a self-directed, comprehensive eLearning program that uses adaptive learning technology to allow learners to acquire and demonstrate Basic Life Support skills using a personalized learning path that adapts in real time to a learner's performance. The program is designed for healthcare professionals who need Basic Life Support training for their clinical duties. HeartCode® BLS Online consists of a cognitive portion that is completed online. **PURCHASE**
- Heartsaver**
 - Heartsaver® Bloodborne Pathogens Online**: Price: \$22.00. **PURCHASE**

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Step #3

After you launch the course, this is the screen you will see next. Click **START** to begin the assessment. Please note, you can save and return to complete the pre-course assessment at any time. You do NOT have to complete this in one session. You must save your login information to access your course again.

The screenshot shows the eLearning interface for the ACLS Precourse Self-Assessment. At the top, there is a navigation bar with the American Heart Association logo, the user name 'Sarah Sexson', and a search bar. Below the navigation bar, there are tabs for 'Courses', 'About eLearning', and 'Support'. The main content area is titled 'ACLS Precourse Self-Assessment' and includes the start and end dates (11/06/2020 to 11/06/2022). A welcome message states: 'Welcome to the ACLS Precourse Self-Assessment. Things to know before taking this course: All students must complete the Precourse Self-Assessment and achieve a score of at least 70% before taking the ACLS Course. Students must print their scoring report and bring it with them to class. Click the START button below to begin.' Below this text is a diagram showing a laptop labeled 'AHA Course' connected to a 'Certificate' icon. On the right side, there are sections for 'Resources' (including 'ACLS Supplementary Material', 'Precourse Preparation Checklist', '600 IO Video', and 'Coping with Death Video') and 'Support' (including 'Course Help', 'Technical Requirements', and 'Troubleshooting'). At the bottom, there is a table with the following data:

ACLS PRECOURSE SELF-ASSESSMENT (1)	TOPIC TYPE	STATUS	ACTION
ACLS Precourse Self-Assessment	Required	In progress	Resume

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Step #4

After you have completed the pretest, **you must print this page** with your score. Please see the red highlighted area that says "Review". Here you can see what you missed. After reviewing what was missed, Click the red Certificate icon to print your completion certificate.

ACLS Precourse Self-Assessment You can exit your exercise by clicking on this link >> [Exit Exercise](#) [Take Me](#)

Advanced Cardiovascular Life Support | Self-Assessment Results

Precourse Self-Assessment Results

Congratulations!

Congratulations, you have passed the Advanced Cardiovascular Life Support Precourse Self-Assessment with a score of

97%

[Review](#) [Continue](#)

Select the **Print** button to save or print your score report and submit it to your instructor before class.

Select **Exit Exercise** in the top-right corner of the screen to return to the course's home page where you will need to print your completion certificate. [Print](#)

Both the score report and completion certificate should be submitted to your instructor before class.

Scores for Major Testing Areas

This precourse self-assessment has 3 sections covering these major testing areas:

- The **Rhythm Identification** section tested your ability to identify the basic core rhythms used in the ACLS Provider Course and written exam. You scored 95% on Rhythm Identification.
- The **Pharmacology** section tested your ability to identify drugs used in clinical situations. You scored 95% on Pharmacology.
- The **Practical Application** section tested your ability to identify a rhythm and then choose the correct action or drug, as you will be expected to do in the learning stations and the Megacode Testing Station. You scored 100% on Practical Application.

Scores for Diagnosis Questions

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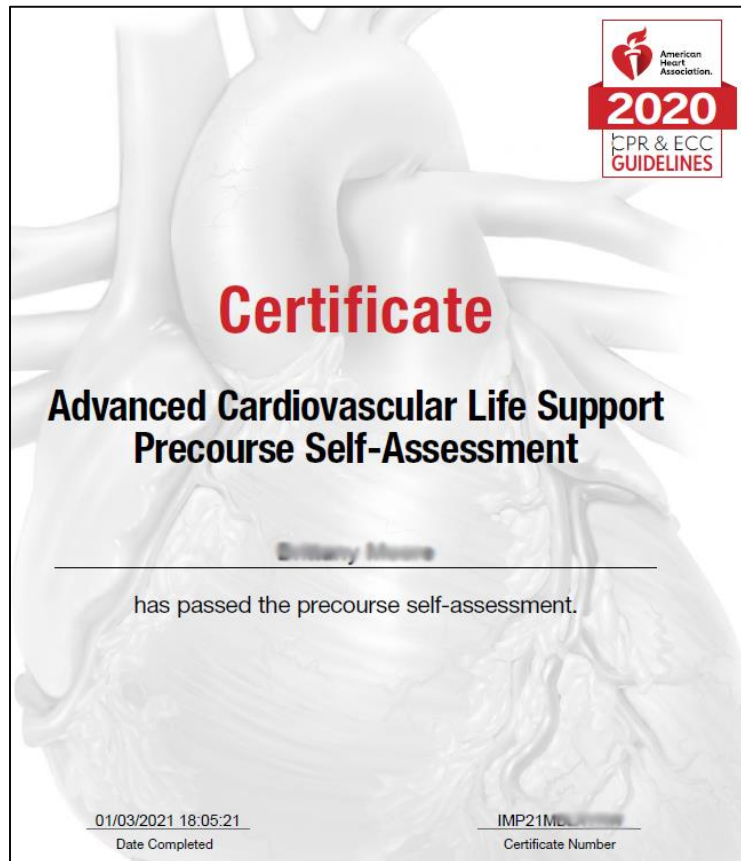


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Step #5

Bring **both** the Pre-course Self-Assessment Result sheet above and your completion certificate shown here with you to class.

YOU MUST have your Pre-course Self-Assessment to get your e-Card.



If you do not have a printer, you can do one of the following:

- 1) Take a picture of both documents with your smart phone and bring them to class.
- 2) Email the documents to our office.
- 3) Have your AHA login information with you on the day of class and print upon arriving to the training site.

If you have questions before the course, please feel free to call us at **615-638-0005**. You can also email us anytime at **info@acls-bls-nashville.com**.

We look forward to providing you with a fun and stress free ACLS course!