

PALS Cardiac Arrest/ROSC

- ★ 1:45 actions = ↑ CCF
1. Charge Defib j/kg
2,4,6,8,10
**Once you get to 10 do it again*
 2. Femoral Pulse ✓
 3. Prep next compressor

2 Minute Mark

VF/pVT

First 2 Minutes: IV/IO

*meds after 2nd shock

1. Epi 0.01 mg/kg q 3-5
2. Amio 5mg/kg or Lido 1mg/kg loading dose
3. Epi 0.01 mg/kg
4. Amio 5mg/kg
5. Epi 0.01 mg/kg
6. Amio 5mg/kg

- Roles**
1. Leader
 2. Compressor
 3. Airway
 4. Monitor/Coach
 5. IV/Meds
 6. Recorder

- Every 2 mins**
1. Change Compressor
 2. Analyze Rhythm/Pulse ✓
 3. Shock (VF/pVT) ⚡
 4. Resume CPR

High Quality CPR
Advanced Airway ETCO₂ >10
H's&T's

- ROSC**
"VARMIT"
- V- Vitals SBP >5% SP02 94-99%
 - A- AVPU (LOC)
 - R- Respiratory Effort - ETCO₂ 35-45
 - M- Monitor/ ECG/ CT or MRI/ EEG
 - I- IV x2 (labs-fluids-meds)
 - T- TTM (32-34 x few days and TX (H's&T's))

Step 1

- BLS- Assessment**
- *Call Code*
 - *Roles*
 - *High Quality CPR

- PEA/Asystole**
1. High-Quality CPR
 2. Epi 0.01 mg/kg q3-5
- *H's&T's***